It’s Fun to Have Fun But You Have to Know How
Exercises

Evidence-Based Public Health
1. A project manager at the state health department is putting together Public Service Announcements on prevention of osteoporosis in women. She’d like to find several guidelines that she can compare to assist her in compiling the information for the PSAs. Try and locate these guidelines.

2. How can you find evidence-based strategies linked to the Healthy People 2010 objectives on reducing occupational eye injury?

3. Are there effective (proven) interventions for reducing bicycle injuries? (hint: search PubMed for bicycle safety)

Health Promotion and Education
1. You are in charge of the childhood vaccination program. The program is currently focused on chickenpox vaccinations. There is a sizeable portion of the population that speaks Korean. Locate a handout in Korean on the chickenpox vaccine.

2. You’ve been asked about bats and whether they carry rabies. Where would you look for this information?

Health Statistics and Data Sources
1. What portion of children, ages 18 and under, are uninsured in Alaska?